

Keep doing
what **you love** 

Choose Newmedica

Newmedica

Eye Health Clinics  Surgical Centres

Our aim is to make specialist eye care easily accessible to everyone in the community, whenever they need it. So when you have problems with your eyes, you can get back to normal as soon as possible.

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Welcome to Newmedica

Newmedica is one of the leading providers of NHS-funded ophthalmology services in England. This means that we provide patients with ophthalmology services on behalf of the NHS, to the patient.

Newmedica was co-founded by an ophthalmology patient and a forward thinking ophthalmologist who wanted to create a service that focused on delivering world-class care that designs every aspect around the needs of the patient.

At Newmedica our vision is a society where everyone can get access to free or affordable world-class treatment for advanced eye conditions without any unnecessary delay or worry.

This means not only do we carry out safe and effective treatments we also make sure that our appointments are as quick, easy and fuss-free as possible.

We deliver over 120,000 patient interactions annually in more than 23 locations and have a proven track record of working with the NHS, for more than 10 years.



Our ophthalmology services

We provide a range of ophthalmology services across the country, including:

Cataract surgery - including pre- and post-operative assessment

When it becomes difficult to see and carry out your normal daily activities, it is time to consider cataract surgery. This involves removing the cloudy lens (cataract) and replacing it with a new, artificial clear lens. We can do this on behalf of the NHS or privately.

Glaucoma - diagnosis and management

Glaucoma is a term for a group of eye conditions affecting vision, caused by damage to the optic nerve usually from increased pressure in the eye. Both eyes are typically affected, although it may be worse in one eye. Left untreated, glaucoma can lead to loss of vision and even blindness.

The standard treatment for glaucoma is the use of eye drops to lower the eye pressure, as well as close monitoring of the condition. In a small number of cases, surgery may be required. Our consultants will discuss treatment options with you.



Eyelid and tear duct surgery

One of the most common reasons for referral to an oculoplastic and lacrimal consultant is abnormalities of the eyelids and their surrounding tissues, as well as the production or drainage of tears. Each surgery is different and tailored to the requirements of each patient.

General ophthalmology

Certain eye conditions do not fit into a particular service - an ophthalmologist will fully assess your eyes to decide the best treatment.

Medical retina

Includes conditions such as:

- macular problems (excludes immediate referral for wet age-related macular degeneration)
- any abnormality found during checks



Focus on cataracts

What are cataracts

Cataracts are very common and usually develop as we age. They are caused by the formation of cloudy or misty patches in the clear lens inside the eye.

What are the symptoms?

At first, you may not notice any symptoms. But usually over time, you will experience blurred or cloudy vision, or have patches where your vision is less clear.

What are the benefits?

The most obvious is the improvement in your vision. Surgery is the only way to restore clarity, otherwise it is likely your vision will gradually get worse. This procedure is usually carried out on a day-patient basis - so you'll be home the same day.

What happens after surgery?

We will arrange all necessary follow-up appointments with a clinician to ensure your recovery is on track and your vision is clear.



Setting the standards

As well as end-to-end care from your first assessment to your aftercare, you can expect:

1. Short waiting times

First appointments are normally available within a few weeks of referral and we aim to treat patients within six weeks from the date of referral. Often these times can be shorter. We're proud to be able to provide this fast-track service as it offers patients a favourable alternative to the waiting times at some local NHS trusts.

2. Consultant-led care

Newmedica local clinics are led by joint venture partners who own a share in the clinic providing the services in the community.

At least one of the partners is always a consultant ophthalmologist, which ensures a consultant-led care programme from start to finish. The second partner is an operational director and together both partners are focused on providing excellent patient care and customer service.



3. Outstanding clinical results

Patients are treated by consultants who have specialist expertise and experience in their specific area of surgical care. So our delivery of care is consistently high, results are excellent, and complications rates are very low.

4. Quality of service

We understand how daunting the prospect of eye surgery can be, that's why our team is on hand to make sure that our patients are always comfortable and well-informed throughout their time with us.

5. Post-operative care guarantee

Post-operative assessments will be carried out at Newmedica, who are specially accredited to deliver this care, or patients can have their post-operative follow-up care with the optometrist who referred them to us.

6. Thorough reporting

Your optician or GP will receive written communication from us after every patient interaction.



Private eyelid and tear duct surgery

Also known as oculoplastic and lacrimal surgery, this describes a variety of procedures that focus on disorders of the eyelids and tear ducts. These could cause:

- Watering eyes
- Visual obstruction
- Skin tags, lid swellings or possible lid tumours
- Ingrowing eyelashes and discomfort

Who can have oculoplastic and lacrimal surgery?

Certain issues of the eyelid and orbit can affect vision, eye comfort and eye health as well as appearance - so surgery can be an option in order to relieve bothersome symptoms.

How is the surgery done?

Each surgery is different and tailored to the requirements of each patient. Your consultant will discuss what kinds of treatment or procedures you'll need and will be able to take you through everything you need to know before your surgery takes place.

How much does surgery cost?

The cost of your surgery will differ from patient to patient and will be tailored to your individual needs. If you have any questions about the treatment your consultant has requested



or would like a price confirmed, please ask a member of the outpatient staff before proceeding with treatment.

Insured patients

Before any consultation you should always contact your insurer to check that your cover is adequate and that your condition is covered.

For instance, is there:

- An excess on your policy?
- An annual outpatient charge limit?
- Outpatient cover regardless of admission to hospital?

Special tailored package prices are available for oculoplastics, medical retinal and glaucoma treatment. Your consultant or a member of the outpatient team will be happy to discuss this with you.



Our simple referral process

If your GP or optician needs to refer you for an eye condition, it is your right to choose where to receive your NHS treatment and Newmedica is part of that choice. Being referred for treatment at Newmedica is simple; just speak to your local GP or optometrist and ask them about the choice of being referred to Newmedica.

You can choose a hospital or service based on whatever matters most to you - but some of the most common factors are:

- Length of waiting times
- Quality of service
- Previous experience
- Feedback and reviews
- Location
- Your GP or optician's recommendation



Why Newmedica?

- According to a recent patient survey (2018/19) 98% of our patients are likely to recommend Newmedica to their friends and family
- Patients are typically seen within two weeks for their first appointment, and then have their treatment within the following four weeks
- Patients have consistently rated their experience as '5 stars' on the nhs.uk website
- One-stop appointments so patients can see all specialists (consultant ophthalmologists and optometrists) during one appointment
- Local consultant-led and delivered service
- The right specialist for each condition
- Locally accessible and high-quality service

To find out more
visit newmedica.co.uk



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